I know someone in need of support. How do I respond? Who can I talk to?

ask yourself:

Do they need immediate **medical** or **psychiatric** attention and/or do you feel **threatened** or believe that anyone may be in **danger**?

---

**YES**

Trust your gut. Call for help.

- **RUPD/Rice EMS**: (713) 348-6000 **(24/7)**
- **Wellbeing and Counseling Center**: (713) 348-3311 **(24/7)**

If it’s urgent, but not life threatening (AND contact the student’s **College Masters**)

---

**NO, but they need help**

- **Wellbeing and Counseling Center**: (713) 348-3311 **(24/7)**
  Support through issues affecting personal or academic goals, including sexual misconduct or other traumas.
- **Student Health Services**: (713) 348-4966
  Physical health concerns.

Contact their **College Masters** for general concerns for an undergraduate.

---

**NO, but they would like to talk to somebody**

- **Office of Academic Advising**: (713) 348-4060
  General academic concerns for undergraduates.
- **Wellbeing and Counseling Center**: (713) 348-3311 **(24/7)**
  Support through issues affecting personal or academic goals, including sexual misconduct or other traumas.
- **Student Judicial Programs (SJP)**: (713) 348-4786
  Options for reporting potential code of conduct violations.
- **Student Health Services**: (713) 348-4966
  Physical health concerns.
- **Disability Support Services**: (713) 348-5841
  Accommodations for a disability.
- **College Master or Dean of Undergraduates**: (713) 348-4996
  General support for undergraduates.
- **Graduate and Postdoctoral Studies**: (713) 348-4002
  General support for graduate students.

---

**IN AN EMERGENCY**

**CALL RUPD IMMEDIATELY**

(713) 348-6000 **(24/7)**

---

For more information, please visit: http://wellbeingandcounseling.rice.edu

Located in Gibbs Wellness Center • Walk-ins welcome M-F 9am-5pm